



### 1000 km RUSA Certified Brevet (#913) English Version

Brevet starts at 1119 Lake Road, Ontario, NY at 19:00. Time Limit 75 hours.

KEY: R/L =right/left, BR/L =bear right/left, QR/L =quick right/left, S =straight, blank = info cue, VL=vear left, VR=vear Right

X =cross, > =becomes, E =enter, SS =stop sign, TL =traffic light, T ="T" Intersection, CR=county road,

TRO = To Remain On, US =US Route, NY =NY State Route, CR =County Route, CP = Checkpoint.

| From Control | Leg  | Turn | Total | Directions   |
|--------------|------|------|-------|--|
| 0.0          | 0.0  | CP   | 0.0   | <b>Start: 1119 Lake Road (19:00 to 20:00)</b>  |
| 0.6          | 0.6  | L    | 0.6   | @ T, Lake Rd (East)(Unmarked)(Green "Seaway Trail" signs are along the next 49 miles)  |
| 7.9          | 7.2  | BL   | 7.9   | @ T SS, TRO Lake Rd TRO Seaway Trail ( <i>Pultneyville, NY - store, closed in 2010</i> )   |
| 18.4         | 10.5 | R    | 18.4  | @ SS, NY 14 S ( <i>Sodus Point, NY</i> )   |
| 21.1         | 2.6  | L    | 21.1  | Red Mill/ Glover Rd -Possibly closed in 2010, if closed follow posted detour signs to corner Shaker Tract/Ridge, continue on Ridge at cue mile 24.1/38.8km |
| 22.7         | 1.6  | R    | 22.7  | @T, Shaker Tract, signposted Hunter's Point Rd. nice view of Sodus Bay to left/north and east  |
| 24.1         | 1.4  | L    | 24.1  | @ SS, Ridge Rd.  |
| 25.2         | 1.1  |      | 25.2  | Crossing Sodus Bay, NY   |
| 30.5         | 5.3  |      | 30.5  | Entering Wolcott, NY; Ridge Rd > Main St > Mill St > Ridge Rd  |
| 31.0         | 0.5  | L    | 31.0  | Oswego St., TRO Seaway Trail following sign "To 104"   |
| 32.6         | 1.6  | S    | 32.6  | @ TL, CR 163/Ridge Rd @ <b>NY 104 - CAUTION BUSY ROAD</b>  |
| 34.5         | 1.9  |      | 34.5  | Wolcott International Airport (on right)   |
| 34.9         | 0.4  | VL   | 34.9  | TRO Ridge Rd., Follow Seaway Trail sign, joining NY 370 W  |
| 35.6         | 0.7  | S    | 35.6  | @SS, NY 104A, the "Canadian 104" - Eh? crossing NY 104, mini mart/rest. - <b>CAUTION BUSY ROAD</b>   |
| 36.8         | 1.2  | L    | 36.8  | TRO 104A and Seaway Trail <i>RedCreek, NY</i>  |
| 42.1         | 5.3  |      | 42.1  | Fair Haven, NY   |
| 49.1         | 7.0  |      | 49.1  | Sign for "North Sterling", next turn in 0.2 miles  |
| 49.3         | 0.2  | S    | 49.3  | @curve in 104A, Irwin Rd, CR 96 (unmarked) Leaving NY 104A and Seaway Trail<br>Note: marked about 100' further on at next intersection                     |
| 52.5         | 3.3  | L    | 52.5  | W Lake Rd - Unmarked, across from Oswego County sign   |
| 54.3         | 1.8  | L    | 54.3  | Lake Shore Road  |
| 56.1         | 1.8  | R    | 56.1  | TRO Lakeshore Rd, not much choice here!  |
| 56.2         | 0.1  | L    | 56.2  | Co Route 89 -> Rudolph Street passing SUNY Oswego Campus   |
| 58.3         | 2.1  | R    | 58.3  | Centenial Dr., Just after Waterbury Hall, on left, and at Centro Bus Stop Shelter on right   |
| 58.5         | 0.2  | L    | 58.5  | @ T Washington Blvd., Note; Two stop signs within 100', to reach Washington  |
| 58.6         | 0.1  | R    | 58.6  | Bayles St, just before "City of Oswego" sign   |
| 58.9         | 0.3  |      | 58.9  | Restaurant "Diner", great food stop! Port City Diner Oswego, 7012 State Route 104, (315) 342-0108  |
| 58.9         | 0.0  | L    | 58.9  | NY 104 East, Rejoining Seaway Trail  |
| 58.9         | 0.0  | CP   | 58.9  | <b>Oswego, NY - Any store or restaurant, receipt preferred (21:48 - 01:20 Day 2)</b><br><b>CP to CP mileage zeroed at corner Bayles and 104</b>            |

| From Control | Leg  | Turn | Total | Directions  |
|--------------|------|------|-------|---|
| 0.6          | 0.6  | BR   | 59.5  | W. Bridge Street, TRO NY 104 East   |
| 1.5          | 1.0  |      | 60.5  | Cross Oswego River, Oswego, NY many stores restaurants etc.   |
| 2.2          | 0.6  | BR   | 61.1  | TRO NY 104 East   |
| 2.8          | 0.7  | L    | 61.7  | @TL, George St./ E 14th St., after railroad overpass, by "Ponderosa", <i>Leaving Seaway Trail</i>   |
| 3.2          | 0.4  | R    | 62.2  | @SS, TL, E. Seneca St.  |
| 3.9          | 0.7  | S    | 62.9  | E Seneca -> North Rd, CR 1, <i>Sunoco Mini Mart</i>   |
| 5.5          | 1.6  | R    | 64.5  | @SS, TRO CR1  |
| 9.1          | 3.6  | BL   | 68.1  | TRO CR1 East  |
| 14.3         | 5.2  | L    | 73.3  | 104B East, Rejoin Seaway Trail East bound for next 28 miles/45km  |
| 15.8         | 1.5  |      | 74.7  | Texas, NY, a suburb of Mexico, NY, by Big John's  |
| 17.2         | 1.4  | BL   | 76.2  | NY 3 North  |
| 19.9         | 2.7  |      | 78.8  | Selkirk Shores State Park, diner across from entrance   |
| 36.8         | 16.9 |      | 95.7  | Southwick Beach State Park  |
| 41.0         | 4.2  |      | 99.9  | Alexander Corner general store on left, water, snacks, etc  |
| 42.2         | 1.2  | L    | 101.2 | Harbor Rd., CR 123, Henderson Harbor, leaving Seaway Trail, <i>Trolley Ice Cream shop at intersection, just after "Big Stony Creek"</i>   |
| 42.3         | 0.1  | S    | 101.2 | X CR 152, Danley Rd, TRO CR 123/Harbor Rd.  |
| 42.6         | 0.3  | S    | 101.5 | @SS, X CR 178, Military Rd, TRO CR123/Harbor Rd. <i>A mistake here will take you a long way downhill, the wrong way!</i>  |
| 43.0         | 0.4  |      | 101.9 | Henderson Harbor, NY <i>Watch for the "Castle" on the right, and the house bridging a stream on the left</i>  |
| 45.9         | 2.9  | L    | 104.8 | NY 3 North, Rejoining Seaway Trail  |
| 48.6         | 2.7  |      | 107.5 | Westcott Beach State Park, <i>Variety Store on right near entrance</i>  |
| 50.7         | 2.1  |      | 109.6 | Smithville Rd., Sackets Harbor to left ~ 1.3 Miles, restaurants, stores etc   |
| 51.7         | 1.0  |      | 110.6 | Sulphur Springs Rd., Sackets Harbor to left ~ 1.3 Miles, restaurants, stores etc.<br>Nice n Easy 13821 NYS Rt 3 Sackets Harbor, NY 13685 Phone: 315-646-3434 (05:00 to 00:00) 7/ 2011                 |
| 52.9         | 1.2  |      | 111.9 | Sackets Harbor to left ~ 1.3 Miles, restaurants, stores etc   |
| 54.2         | 1.3  | L    | 113.1 | NY 180 N, Limerick, NY, Baggs Corner  |
| 57.7         | 3.6  |      | 116.7 | Dexter, NY  |
| 59.3         | 1.6  | L    | 118.3 | NY 12E North  |
| 64.5         | 5.2  |      | 123.4 | Nice N Easy Grocery Shoppe #2306, 12345 Main Street, Chaumont, NY 13622, (315) 782-4905, Subs etc. (05:00 to 00:00) as of 7/ 2011   |
| 76.3         | 11.8 | R    | 135.2 | @SS TRO 12E North, That's Canada across the water! The wind turbines are in Canada  |
| 76.3         | 0.0  | CP   | 135.2 | <b>Cape Vincent, NY - Any store or restaurant, ATM slip, etc, receipt preferred (01:27 - 09:32) Day 2<br/>CP to CP mileage zeroed at corner @SS</b>   |
| 14.9         | 14.9 | S    | 150.2 | NY 12 North, Clayton, NY, <i>Antique Boat Museum, Mini Marts, Grocery Store, etc.</i>   |
| 21.8         | 6.8  | L    | 157.0 | Seaway Ave. (Closed Citgo on left corner, before I81 entrance follow ? sign), leaving Seaway Trail  |
| 21.8         | 0.0  |      | 157.0 | Follow "Welcome Center" sign  |
| 21.9         | 0.1  | R    | 157.1 | Collins Landing Rd,   |
| 22.3         | 0.5  |      | 157.6 | Pedestrian entrance to bridge on right just past Welcome Center (Ramp, unmarked)  |
| 22.3         | 0.0  |      | 157.6 | <b>The expansion joints on both bridges are very dangerous The Bridge Authority requires bicycles to be walked on both bridges, using the pedestrian sidewalks, which very narrow lanes.</b>          |
| 23.2         | 0.9  |      | 158.5 | At end of pedestrian sidewalk, walk to bottom of stairs   |
| 23.2         | 0.0  | L    | 158.5 | Walk downhill to CR 100 (NE), TL under bridge follow "To I81" sign<br><i>Note Sunoco Mini Mart &amp; Restaurant about .5 mile west on CR 100</i>  |
| 23.3         | 0.0  | L    | 158.5 | North on CR 191 (CR 191 parallels Rt 81 Do Not Ride On Rt 81), <i>Wellesley Island</i>  |
| 26.9         | 3.6  | L    | 162.1 | Turn left at dead end sign, do not ride on dirt road  |
| 26.9         | 0.1  |      | 162.2 | Proceed up Rt 81 entrance ramp <i>you may want to use Duty Free parking lot to avoid some of the traffic (rest rooms, water, 24 hours)</i>  |
| 27.5         | 0.6  | CP   | 162.7 | <b>Proceed through Canadian Customs/Immigration using any Vehicle Lane (02:49 - 12:28) Day 2<br/>You may have your card signed at any business etc., near the border, such as the Duty Free store</b> |

| From Control | Leg  | Turn | Total | Directions  |
|--------------|------|------|-------|---|
| 0.0          | 0.0  | S    | 162.7 | Becomes Hwy 137 in Canada, to second bridge, <i>Note: Signage is metric in Canada</i>   |
| 0.8          | 0.8  |      | 163.5 | Cross second suspension bridge using pedestrian sidewalk on left, southbound, side. To do this, cross highway to sidewalk on southbound side, walk across bridge, cross road once again, then turn left to resume northbound travel. <b>The expansion joints on both bridges are very dangerous, The Bridge Authority requires bicycles to be walked on both bridges, Using the pedestrian sidewalks.</b> |
| 1.4          | 0.6  |      | 164.2 | Far side of bridge, cross back to right side of road  |
| 1.8          | 0.4  |      | 164.5 | To Cloverleaf, 1000 Islands Parkway, Take exit west toward Ivy Lea and Gananoque  |
| 10.6         | 8.8  | VR   | 173.3 | West on 1000 Islands Parkway to Hwy 2, Gananoque, <i>Note: cycle path/sidewalk on right. When road becomes 4 lane, watch for exit to Hwy 2. Missing this will put you on the 401, a 4 lane divided highway!</i>   |
| 10.7         | 0.1  | L    | 173.5 | Hwy 2 West, at end of exit ramp -> King St. in Gananoque  |
| 12.4         | 1.7  |      | 175.1 | Gananoque, many banks, ATMs Mini Marts, restaurants Sub shops, fast food etc. on/near route   |
| 12.5         | 0.1  | BR   | 175.2 | @ Y in road TRO Hwy 2/ Mill St  |
| 28.7         | 16.2 |      | 191.5 | McDonalds on left, better coming, but if you're desperate for a shake...  |
| 29.6         | 0.9  |      | 192.3 | West on Hwy 2 to Lasalle Causeway Bridge (Waterfront trail)   |
| 29.9         | 0.3  | VL   | 192.6 | Veer left onto Ontario St., Kingston, Hwy 2   |
| 30.2         | 0.3  | S    | 192.9 | TRO Ontario St, leaving Hwy 2 -- <i>Possible detour in 2010, if Ontario street closed see detour adendum.</i>   |
| 30.7         | 0.6  | R    | 193.5 | Ontario -> West at sharp R turn in road   |
| 30.8         | 0.1  | L    | 193.5 | West on King St., becomes Front   |
| 31.2         | 0.4  |      | 193.9 | Kingston General Hospital   |
| 32.9         | 1.7  |      | 195.6 | Kingston Psychiatric Hospital, hopefully, you don't need this, yet!   |
| 35.0         | 2.1  | R    | 197.7 | @TL, North on Days Road to Bath Road, Hwy 33, just after open space area  |
| 36.3         | 1.3  | L    | 199.0 | @TL, West on Bath Rd , CR 33 to CR 7, Bath, <i>Services @ and near intersection Days &amp; Bath Road. No 24 hour services after Amherstville until Napanee, 24 Hr Foodland in Amherstville</i>  |
| 45.9         | 9.6  |      | 208.7 | Millhaven Inn, 1550 Bath Rd (613) 352-7822 or (888) 439-8755  |
| 46.0         | 0.1  |      | 208.8 | Millhaven Grocery, On left, approx 200 meters before junction Hwy 4 <b>NOTE: NOT 24 hour</b>  |
| 46.0         | 0.0  | CP   | 208.8 | <b>Millhaven/Bath, ON - Information control, see brevet card for question (05:08 - 17:24) Day 2</b><br><b>CP to CP mileage zeroed at Millhaven Grocery</b>  |
| 0.1          | 0.1  |      | 208.9 | Junction Hwy 4  |
| 7.2          | 7.1  | S    | 215.9 | Junction Bath Rd (Hwy 33) & Hwy 21 at power station (2 smokestacks)<br><i>Note: Hwy 21, goes to Napanee, this is were the ferry and no ferry routes split.</i>  |
| 19.2         | 12.0 |      | 227.9 | West on Hwy. 33 to Glenora Ferry (runs every 1/2 hour, 06:15 am till 01:15 am)  |
| 19.5         | 0.3  |      | 228.3 | Cross Bay of Quinte using Glenora Ferry. <i>Note: No charge</i> <a href="http://www.mto.gov.on.ca/english/traveller/ferry/">http://www.mto.gov.on.ca/english/traveller/ferry/</a>   |
| 19.8         | 0.3  | S    | 228.5 | West on Hwy. 33, becomes Bridge St., to Main St., Picton  |
| 23.3         | 3.5  |      | 232.0 | Sportsman Motel, 12351 Loyalist Parkway, Picton, 613-476-2424, sportsman_motel@personainternet.com  |
| 23.9         | 0.7  |      | 232.7 | Merland Park Cottages <a href="http://www.merlandpark.com">http://www.merlandpark.com</a>   |
| 24.5         | 0.6  |      | 233.3 | Tip of the Bay Hotel & Marina, 35 Bridge Street, Picton, ON, K0K 2T0, 613 476-2156  |
| 25.2         | 0.7  | VL   | 233.9 | TRO Hwy 33, West on Main St   |
| 27.4         | 2.2  | R    | 236.1 | West on CR 1, Scoharie Rd   |
| 44.8         | 17.4 | R    | 253.6 | CR 33, Loyalist Parkway <i>Consecon</i>   |
| 50.3         | 5.5  | L    | 259.1 | Old Portage Rd., CR 64, <i>Carrying Place</i>   |
| 51.2         | 0.9  | R    | 260.0 | Gardenville Rd., TRO CR 64  |
| 54.7         | 3.5  |      | 263.5 | General Store on right, just after crossing canal, <i>Lovett, ON</i>  |
| 58.2         | 3.5  | R/VR | 267.0 | TRO CR 64, becomes Prince Edward St   |
| 59.4         | 1.2  | CP   | 268.2 | <b>Brighton, Ontario - Any Business, receipt preferred (08:12 - 23:48) Day 2</b><br><b>CP to CP mileage zeroed at Jct Prince Edward/Young St and Main St.</b>   |

| From Control | Leg  | Turn | Total | Directions   |
|--------------|------|------|-------|--|
| 0.0          | 0.0  | L    | 268.2 | Hwy 2, W, Main Street -> King St., toward Colborne (West), <i>many services</i><br><i>Note: This is were the ferry and no ferry routes rejoin each other.</i>                                    |
| 8.1          | 8.1  | L    | 276.3 | Division St/CR 31, leaving Hwy 2, toward "Keeler Centre" <i>First left after passing under pedestrian Xing arch, Colborne, ON</i>  |
| 8.6          | 0.5  | R    | 276.8 | @T Earl St, TRO CR 31 (west)   |
| 8.9          | 0.3  | L    | 277.1 | @T, Ontario St, TRO CR 31  |
| 10.1         | 1.2  | L    | 278.2 | South, then west on Ontario St., becomes Lakeport Rd <i>Lakeport, ON</i>   |
| 13.3         | 3.2  |      | 281.4 | Haldimand Conservation Area, Lakeport -> Wicklow Beach Rd  |
| 14.0         | 0.7  | L    | 282.1 | Orchard Grove Rd./CR30 (west) just before railroad Xing, -> Lakeshore Rd., to Archer Rd.,  |
| 18.7         | 4.7  | R    | 286.8 | Archer Rd., go over tracks   |
| 19.6         | 0.9  | L    | 287.7 | @T, SS, Highway 2 (West)   |
| 24.8         | 5.2  |      | 293.0 | West on Highway 2, through Cobourg, 2 -> King St.  |
| 25.2         | 0.4  | R    | 293.4 | @TL TRO Hwy 2 via William St.  |
| 26.5         | 1.3  | L    | 294.6 | Elgin St, TRO Hwy 2 (west)   |
| 31.7         | 5.2  | R    | 299.8 | Mill St.TRO Hwy 2, <i>Port Hope, Tim Hortons, etc.</i>   |
| 31.9         | 0.2  | L    | 300.0 | Walton St., TRO Hwy 2 West, <i>Note: No services until Bowmanville</i>   |
| 32.7         | 0.8  | S    | 300.9 | Ridout St, leaving Hwy 2, becomes Lakeshore Rd., through Port Britain (West)   |
| 39.9         | 7.2  | L    | 308.1 | @T with Townlinbe Rd, TRO Lakeshore Rd.  |
| 46.4         | 6.5  | L    | 314.6 | @T TRO Lakeshore Rd., over railroad tracks <i>Jct Spephenson Rd.</i>   |
| 47.8         | 1.4  | L    | 316.0 | Becomes Boulton at curve, - <i>Bond Head</i>   |
| 48.0         | 0.2  | R    | 316.2 | @T Mill St, becomes CR 17, <i>Leaving Lake front until Burlington</i>  |
| 48.8         | 0.8  | VR   | 316.9 | @ odd intersection TRO Mill St, go under railroad underpass, past Hwy 401 to King St., Hwy 2, <i>Newcastle</i>   |
| 49.6         | 0.8  | L    | 317.7 | Highway 2 to Bowmanville, signposted King Avenue   |
| 54.3         | 4.7  | CP   | 322.4 | <b>Bowmanville, Ontario - Any Business, receipt preferred (11:06 day 2 - 05:36 day 3)</b><br><b>CP to CP mileage zeroed at Jct Hwy 2 (King St) and CR 14 (Liberty Street)</b>                    |
| 1.2          | 1.2  | R    | 323.6 | Martin Rd. N. (CR 57) Signposted Durham Road 57  |
| 2.1          | 1.0  | L    | 324.6 | Nash Rd, leaving CR57, just before "dip" in road   |
| 6.1          | 4.0  | R    | 328.5 | @SS, Courtice Rd (North)   |
| 7.4          | 1.3  | L    | 329.9 | Pebblestone Rd. (West)   |
| 7.9          | 0.5  | R    | 330.3 | @SS, Trulls Rd. -> Enfield (North)   |
| 9.1          | 1.2  |      | 331.5 | Macs Minimart @ intersection Taunton Rd/ CR 4 -- No services until next CP, <i>Mitchell's Corners</i>  |
| 10.5         | 1.4  | L    | 332.9 | Sixth Concession Rd., becomes Conlin Rd. (West), Signposted "Conc RD 6"  |
| 15.0         | 4.5  |      | 337.4 | Durham College - Oshawa Campus - <i>Granite Anvil 1200k Start/Finish</i>   |
| 15.8         | 0.9  | R    | 338.3 | @SS, Thornton Rd. (N), 1.3 miles gravel/chip seal (2010) just before jog in road   |
| 19.5         | 3.7  |      | 342.0 | L/R Jog TRO Thornton Rd. (N) @ Jct Howden Rd.  |
| 20.8         | 1.3  | L    | 343.3 | @SS, Raglan Road W. / Myrtle Rd E./CR 5 becomes 9th Concession/ CR 5 (West)  |
| 34.9         | 14.0 | R    | 357.3 | @T, York - Durham Line (CR30) (North), <i>Take Right bend</i>  |
| 36.6         | 1.7  | L    | 359.0 | Main St./ CR 14, Stouffville (West)  |
| 38.0         | 1.4  | CP   | 360.4 | <b>Stouffville, Ontario - Any Business, receipt preferred (13:08 day 2 - 09:40 day 3)</b><br><b>CP to CP mileage zeroed at RR Tracks / Go Station, corner Main and Blake St., center of town</b> |

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|--------------|-----|------|-------|---|
| 0.3          | 0.3 | R    | 360.7 | 9th Line (North) <i>Note: 24 hour services on Main St. approx 1.25 km west of Jct 9th line, 24 hr supermarket, Tim Hortons, etc.</i>                              |
| 1.3          | 1.0 | L    | 361.7 | Bethesda Sideroad (Bethesda Rd.)  |
| 2.6          | 1.3 | R    | 363.0 | Highway 48 (North) <b>Busy road use extreme caution!</b>  |
| 2.9          | 0.3 | L    | 363.3 | Bethesda Rd. <i>Note: Small LR or RL jogs at many intersections of Bethesda Rd.</i>   |
| 6.6          | 3.8 | X    | 367.0 | Warden Ave., CR 65  |
| 8.0          | 1.3 | X    | 368.4 | To Woodbine Ave.  |
| 8.6          | 0.6 | X    | 369.0 | 404 (4 lane limited access), don't worry, it's an overpass  |
| 9.3          | 0.7 | X    | 369.7 | To Leslie St. (Dirt for 0.9 km, fair surface)   |
| 10.4         | 1.1 | X    | 370.8 | To Bayview Ave. (Dirt for 1.8 km, good surface)   |
| 10.5         | 0.1 | L    | 370.9 | @T, SS, Old Bayview Ave. (Wilcox Lake), South, then west on Old Bayview Ave, becomes Sunset Beach Rd., to Yonge St.   |
| 12.0         | 1.5 | R    | 372.3 | @SS, Yonge St. (1) (North)  |
| 12.0         | 0.0 | L    | 372.4 | @TL, King Rd (West) (Caution: Busy road, use shoulder) (TS) (GS, R), <i>Many services</i>   |
| 15.9         | 3.9 | L    | 376.3 | @TL, Keele St. (South) <i>King City</i>   |
| 18.4         | 2.6 | R    | 378.8 | @TL, Kirby Road (West)  |
| 19.7         | 1.3 | LR   | 380.1 | Left Right Jog at Jane St.  |
| 20.4         | 0.7 | X    | 380.7 | Highway 400 (4 lane), relax, it's an underpass, good place to hide from the weather....   |
| 21.0         | 0.6 | L    | 381.4 | @SS, Weston Rd (South), York Region 56  |
| 22.3         | 1.3 | R    | 382.7 | Teston Rd. (West)   |
| 23.6         | 1.3 | X    | 384.0 | @SS, Pine Valley Road (L-R Jog in Teston at intersection)   |
| 25.9         | 2.3 | R    | 386.3 | @ T, Islington Ave., Kleinburg (North)  |
| 26.0         | 0.1 | L    | 386.4 | @SS, Nashville Rd. (West)   |
| 29.2         | 3.2 | S    | 389.6 | @TL, Onto Countryside Drive @ junction CR 50 (SouthWest)  |
| 31.4         | 2.2 | X    | 391.8 | CR 8, Gore Road   |
| 34.0         | 2.6 | X    | 394.4 | Airport Road, HWY 7   |
| 34.4         | 0.4 | RL   | 394.8 | Jog in road, TRO Countryside Drive  |
| 37.4         | 3.1 | R    | 397.8 | @ T, SS, Heart Lake Road (North)  |
| 38.2         | 0.8 | L    | 398.6 | @TL, Mayfield Road, Hwy 14, caution busy Road (West)  |
| 39.1         | 0.8 | L    | 399.5 | Kennedy Road (South) <i>(This jogs around Heart Lake and the conservation area)</i>   |
| 39.8         | 0.8 | R    | 400.2 | Conservation Dr (West), becomes Wanless at Hwy 10, Hurontario St.   |
| 40.7         | 0.9 | X    | 401.1 | Hurontario St, Hwy 10, Conservation becomes Wanless Dr, <i>Services</i>   |
| 45.0         | 4.3 | L    | 405.4 | @SS, Heritage Road (South), becomes Meadowvale after crossing Hwy 407   |
| 51.2         | 6.2 | X    | 411.6 | Hwy 407 (4 Lane limited access, overpass)   |
| 53.1         | 1.9 | X    | 413.4 | @TL, Mississauga Road   |
| 53.6         | 0.6 | S    | 414.0 | @TL, Cross Derry Rd, Becomes Creditview Rd. (South eastish)   |
| 54.4         | 0.8 | X    | 414.8 | Hwy 401 (4 lane, limited access) (overpass)   |
| 57.7         | 3.3 | R    | 418.0 | Eglinton Ave. (West)  |
| 59.7         | 2.1 | R    | 420.1 | Into Erin Mills Town Centre, 3rd entrance, 24 hour Tim Horton's   |
| 59.8         | 0.1 | CP   | 420.2 | <b>Tim Horton's, 24 hour, Erin Mills, ON (Randonneurs Ontario LOL Start) (16:31 day 2 - 17:39 day 3)</b>  |
| 0.0          | 0.0 | R    | 420.2 | Exiting Tim Hortons onto Eglinton Ave. (West), becomes Lower Baseline Rd  |
| 5.4          | 5.4 | L    | 425.6 | @SS, unmarked, TRO Lower Baseline Rd., <i>If you hit Britannia Rd, you missed the turn.</i>   |
| 6.3          | 0.8 | L    | 426.5 | @SS, T, 4th Line (South)  |
| 6.7          | 0.4 | R    | 426.9 | Lower Baseline Road (West)  |
| 8.9          | 2.2 | S    | 429.1 | @ Y bend in Rd., TRO Lower Baseline Rd.   |
| 10.2         | 1.3 | L    | 430.3 | @T, SS, Tremaine Road (South)   |
| 10.9         | 0.7 | R    | 431.0 | No. 2 Sideroad (West)   |
| 12.1         | 1.2 | L    | 432.3 | @T Appleby Line (South)   |
| 18.0         | 5.9 | R    | 438.1 | New Street, Burlington (West)   |
| 21.4         | 3.4 | R    | 441.5 | @ T, Martha St.. (North)  |
| 21.4         | 0.0 | CP   | 441.6 | <b>Burlington, ON - Any Business, receipt preferred (17:46 day 2 - 20:43 day 3)</b><br><b>CP to CP mileage zeroed at intersection New Street &amp; Martha St.</b> |

| From Control | Leg  | Turn | Total | Directions   |
|--------------|------|------|-------|--|
| 0.1          | 0.1  | L    | 441.7 | Caroline St. (West)  |
| 0.3          | 0.2  | L    | 441.9 | Brant St (South)   |
| 0.5          | 0.1  | R    | 442.0 | Ontario St. (West) (1 block before TL)   |
| 0.9          | 0.5  | L    | 442.5 | @T, Maple Ave. (TS)  |
| 1.2          | 0.2  | S    | 442.7 | Lakeshore Rd. (TS) Name changes from Maple @ Jct Hwy 2 <i>Back to the shore of Lake Ontario!</i>   |
| 2.4          | 1.2  | R    | 443.9 | TRO Lakeshore Follow Lakeshore Road, under Skyway, to Eastport Drive   |
| 2.4          | 0.0  |      | 443.9 | Cross under Skyway TRO Lakeshore. Immediately after crossing under, turn left onto Eastport Dr, Unmarked   |
| 2.5          | 0.1  | L    | 444.0 | Eastport Drive (South, <i>we've turned the corner at the West end of the Lake!</i> )   |
| 2.8          | 0.3  |      | 444.3 | <b>Caution:</b> Steel deck lift bridge. <i>The surface of the Hamilton Harbour lift bridge can be treacherous, please walk your bicycle.</i>   |
| 3.2          | 0.4  | L    | 444.7 | Beach Blvd (Lake on your left, skyway on your right)   |
| 5.4          | 2.3  | L    | 447.0 | Van Wagners Beach Rd -> N. Service Rd. , keep the lake on the left, skyway/QEW on the right  |
| 15.6         | 10.2 | R    | 457.2 | @T TRO N. Service Rd/ Winston Rd. (E)  |
| 15.7         | 0.1  |      | 457.2 | Tim Horton's Casablanca Winery and Inn, Subway, Harvey's, Super 8  |
| 17.7         | 2.0  | R    | 459.2 | @SS, Olive St. (E)   |
| 18.4         | 0.7  | L    | 459.9 | @T, SS, Ontario St. (N)  |
| 18.5         | 0.1  | R    | 460.0 | @SS, bend in road, becomes Lake St. <i>Grimsby, convenience Market</i>   |
| 20.7         | 2.2  | S    | 462.2 | Becomes N. Service Rd. <i>Niagara Region Wine Country</i>  |
| 26.9         | 6.2  |      | 468.4 | Day's Inn, 24 hour Tim Hortons   |
| 28.7         | 1.8  |      | 470.2 | <i>Jct. Jordan Rd. Possible detour to S. Service Rd. for bridge over 15 mile Creek. If road closed follow posted detour or check detour addendum.</i>  |
| 31.4         | 2.7  | L    | 472.9 | @SS, 7th Street, Louth (CR34) (North)  |
| 31.5         | 0.1  | R    | 473.0 | @T Lakeshore Road W., CR 87 (East) -> Main St., <i>Port Dalhousie</i>  |
| 33.9         | 2.5  | R    | 475.5 | @SS, Lock St./Lakeport Rd, Port Dalhousie, TRO CR 87   |
| 34.6         | 0.7  | L    | 476.2 | Lakeshore Rd., TRO CR 87, (North then East)  |
| 37.5         | 2.9  |      | 479.0 | Crossing Welland Canal, Port Weller <i>Watch for Ocean Freighters</i>  |
| 44.7         | 7.2  | L    | 486.3 | @ curve in road, Nassau St. NOTL (Niagara On The Lake) (North East), leaving CR 87   |
| 45.2         | 0.5  | R    | 486.8 | @T Queen St., (South East) East, then south on Queen St, becomes Niagara Parkway, past York Rd., Queenston, becomes River Rd. <i>Niagara River is now on your left, US just across river</i>   |
| 53.6         | 8.3  | L    | 495.1 | Follow signage going around traffic circle to make a left, TRO Niagara Parkway   |
| 54.0         | 0.4  |      | 495.6 | Passing beneath Queenston Lewiston Bridge  |
| 54.3         | 0.3  |      | 495.9 | Floral Clock on right, restrooms, water, <i>easy spot to get your Niagara Falls souvenirs</i>  |
| 58.6         | 4.3  |      | 500.2 | Whirlpool Bridge, limited hours and Nexus pass holders only, do NOT use  |
| 59.9         | 1.3  |      | 501.5 | Passing beneath Rainbow bridge   |
| 60.2         | 0.2  | R    | 501.7 | Clifton Hill, <i>Note: Niagara Falls to left , if you have extra time, you may continue south on Niagara Parkway/River Rd for a better view of the falls, they are VERY close here! You are very likely to get wet with the spray!</i>               |
| 60.2         | 0.1  | R    | 501.8 | Falls Ave  |
| 60.3         | 0.0  | R    | 501.8 | Rainbow Bridge Entrance, Use vehicle lane, Duty Free Store   |
| 60.6         | 0.3  |      | 502.2 | Cross Bridge to Niagara Falls, NY. Use vehicle lane to cross bridge to Niagara Falls. NOTE: If customs/immigrations wants to know where you are going/staying, tell them you are visiting Peter Dusel, 1119 Lake Rd, Ontario NY 14519 (315) 524-8519 |
| 60.7         | 0.1  | CP   | 502.3 | <b>US Customs and Immigration, or any business in vicinity, such as Duty Free on Canadian side, ask nice, if the officer says no, say "Thank You" and go on to an area business/ATM etc. (21:14 - 05:12)</b>   |
| 0.0          | 0.0  |      | 502.3 | NOTE: If you have extra time, a short excursion, 0.3 mile, to the south will put you at the edge of the falls. Note: Signage in US is in Miles   |

| From Control | Leg  | Turn | Total | Directions   |
|--------------|------|------|-------|--|
| 0.0          | 0.0  |      | 502.3 | Follow Seaway Trail East next 86 miles / 138 kms East, to East Manitou Road<br>NOTE: This area under construction in 2010 Follow posted detour TRO Seaway Trail East and NY 104E. Do NOT follow Seaway Trail west! |
| 0.1          | 0.1  | L    | 502.4 | Rainbow Blvd, first turn after customs booth (North)   |
| 0.2          | 0.1  | R    | 502.4 | Main Street (SR104)  |
| 0.4          | 0.2  | L    | 502.6 | Whirlpool St./2nd Street (North)   |
| 2.2          | 1.8  | R    | 504.5 | @T, Findlay Drive  |
| 2.3          | 0.1  | L    | 504.6 | SR104/Lewiston Rd (104 is marked East, you are traveling North at this point, next to, but not on the Robert Moses Parkway)  |
| 6.7          | 4.4  | ->   | 509.0 | SR18F North, Center St. (watch for Exit Sign) A left overall, Right at end of clover leaf, watch signs for 18F North!  |
| 7.0          | 0.2  | R    | 509.2 | At end of cloverleaf, onto NY 18F North, Center street (Yes, you are heading west on the Northbound route, we're heading back to the river)  |
| 7.9          | 0.9  | R    | 510.1 | TRO SR 18F East  |
| 8.1          | 0.2  | L    | 510.3 | @SS, TRO SR 18F East   |
| 8.2          | 0.1  | R    | 510.5 | @SS, TRO SR 18F East, Becomes Lower River Road   |
| 13.8         | 5.6  | R    | 516.1 | TRO 18F, Fort Niagara State Park, water, rest rooms in park  |
| 16.9         | 3.1  | L    | 519.2 | @T, Lake Road (SR18), toward Wilson, end SR18F   |
| 33.0         | 16.0 |      | 535.2 | East on SR18 to Olcott   |
| 33.0         | 0.0  | CP   | 535.2 | <b>Olcott, NY any business, ATM etc. (23:07 day 2 - 09:50 day 4)</b><br><b>CP to CP mileage zeroed at Jct SR 18 and SR 78 (Caution: Last services for 95 kilometers)</b>   |
| 24.4         | 24.4 | L    | 559.7 | Lakeside Beach State Park Access Road, Follow signs to Seaway Trail and Lake Ontario State Parkway East/Rochester, water available in park   |
| 24.5         | 0.1  | L    | 559.8 | Lake Ontario State Parkway entrance, Eastbound   |
| 51.7         | 27.2 | S    | 586.9 | Manitou Beach Rd. <i>Don't exit here!</i>  |
| 53.4         | 1.7  | L    | 588.6 | East Manitou Road N. (Braddock Bay S.P.), CR140, Left at end of exit ramp, go North  |
| 54.7         | 1.3  | R    | 589.9 | @T, SS, Edgemere Drive   |
| 57.8         | 3.1  | L    | 593.0 | @ Island Cottage Road, TRO Edgemere Dr., becomes Beach Ave. Restaurants  |
| 60.5         | 2.7  | R    | 595.7 | Lake Ave. (South) Charlotte, NY  |
| 60.5         | 0.0  | CP   | 595.7 | <b>Charlotte, NY - Any Business, receipt preferred (02:37 day 3 - 18:25 day 4)</b>   |
| 0.0          | 0.0  |      | 595.7 | Abbott's Frozen Custard, at corner Beach and Charlotte   |
| 0.7          | 0.7  | L    | 596.4 | Pattonwood Drive, CR 99 (Lake Ontario Parkway) Stores, Colonel O'Rorke Bridge, (Caution: Expansion joints on bridge) Follow Seaway Trail next 26 miles to the finish   |
| 1.6          | 0.9  | R    | 597.3 | @T, TL, St. Paul Blvd.   |
| 1.7          | 0.1  | L    | 597.4 | @TL, Lakeshore Blvd., -> Pine Valley Rd., -> Sweet Fern Rd.  |
| 4.9          | 3.2  | R    | 600.6 | @TL, Culver Rd., <i>24 Hr MiniMart at intersection Lakeshore Blvd/ Culver</i>  |
| 8.4          | 3.5  | L    | 604.1 | @TL and jct Waring Road/WoodmanPark TRO Culver and Seaway Trail  |
| 8.7          | 0.3  | L    | 604.4 | @TL, Empire Blvd. (SR404 East)/Clifford Ave.   |
| 10.1         | 1.4  |      | 605.8 | South end of Irondequit Bay  |
| 12.1         | 2.0  | L    | 607.8 | @TL, Bay Road/Creek St, TRO Seaway Trail <i>Note: 24 hour Wegman's supermarket at intersection</i>   |
| 15.8         | 3.8  | R    | 611.6 | @T, Lake Road  |
| 19.7         | 3.8  |      | 615.4 | Webster Beach Park, water, rest rooms on North side of Road  |
| 25.8         | 6.1  | L    | 621.6 | Main Driveway 1119 Lake Rd, signposted "Shoreline Blvd"  |
| 26.3         | 0.5  | R    | 622.0 | North on driveway to 1119 Lake Road (315-524-8519)   |
| 26.5         | 0.2  | CP   | 622.2 | <b>1119 Lake Rd, Ontario, NY, 14519 (315) 524-8519 - CONGRATULATIONS!!!!</b><br><b>Open 04:05 day 3, July 15, 2011 - Close 22:00 day 4, 16 July 2011</b>   |

Abandon, please call Pete Dusel at (315) 524-8519

| From Control | Leg | Turn | Total | Directions |
|--------------|-----|------|-------|------------|
|--------------|-----|------|-------|------------|

**LOL 2011 - Possible Construction Detours**

Use if Route is not passable by Bicycle. These may change before the ride begins

**Lower Baseline and 5th Line Mississauga**

| From Control | Leg | Turn | Total | Directions  |
|--------------|-----|------|-------|---|
| 4.4          | 5.4 | R    | 424.6 | 6 th Line, leaving Lower Baseline Rd. (N)                                       |
| 6.4          | 2.0 | L    | 426.5 | Britannia Rd W, Hwy 6 (W)   |
| 7.2          | 0.9 | L    | 433.8 | 5 Line Rd (S)   |
| 8.8          | 1.5 | R    | 435.3 | @SS, unmarked, Lower Baseline Rd., rejoining original route at mile 6.3 / 426.5 |
| 9.6          | 0.9 | L    | 436.2 | Fourth Line   |
|              |     |      |       | You are now back on route on Fourth Line, continue on                           |

Detour route: <http://www.gmap-pedometer.com/?r=4628654>

