200LR\_2, Rev 1.0 Seaway Diner 200k August 23, 2012



## 200 km RUSA Certified Brevet (#1325)

Brevet starts at 1119 Lake Road, Ontario, NY at 07:00. Time Limit 13.5 hours.

KEY: R/L =right/left, BR/L =bear right/left, QR/L =quick right/left, S =straight, blank = info cue, VL=vear left, VR=vear Right X =cross, > =becomes, E =enter, SS =stop sign, TL =traffic light, T ="T" Intersection, CR=county road, TRO = To Remain On, US =US Route, NY =NY State Route, CR =County Route, CP = Checkpoint.

From Control	Leg	Turn	Total	<u>Directions</u>
0.0	0.0	СР	0.0	Start: 1119 Lake Road (07:00 to 08:00)
0.6	0.6	L	0.6	@ T, Lake Rd (East)(Unmarked)(Green "Seaway Trail" signs are along the next xx.x miles)
7.9	7.2	BL		@ T SS, TRO Lake Rd TRO Seaway Trail Store/Restaurant
18.4	10.5	R	18.4	@ SS, NY 14 S (Sodus Point, NY)
21.1	2.6	L		Red Mill/ Glover Rd
22.7	1.6	R	22.7	@T, Shaker Tract, signposted Hunter's Point Rd. nice view of Sodus Bay to left/north and east
24.1	1.4	L	24.1	@ SS, Ridge Rd., <i>Rejoining Seaway Trail</i>
25.2	1.1		25.2	Crossing Sodus Bay, NY
30.5	5.3		30.5	Entering Wolcott, NY; Ridge Rd > Main St > Mill St > Ridge Rd
30.9	0.0	СР		Wolcott, NY any store or business. Control to control mileage zeroed at Fountain(traffic signal), corner New Hartford St. Note: Red Apple/Kwik Fill on left @ 30.7864 miles (08:28 - 10:20)
0.1	0.1	L	31.0	Oswego St., TRO Seaway Trail following sign "To 104"
1.7	1.6	S	32.7	@ TL, CR 163/Ridge Rd @ NY 104 - CAUTION BUSY ROAD
3.4	1.7		34.4	Wolcott International Airport (on right)
3.9	0.5	VL		TRO Ridge Rd., Follow Seaway Trail sign, joining NY 370 W
4.7	0.7	S		@SS, NY 104A, the "Canadian 104" - Eh? crossing NY 104, mini mart/rest CAUTION BUSY ROAD
5.9	1.2	L		TRO 104A and Seaway Trail RedCreek, NY
11.1	5.2			Fair Haven, NY Stores/Restaurants
18.2	7.1		49.1	Sign for "North Sterling", next turn in 0.2 miles
18.4	0.2	VL/S	49.3	@curve in 104A, Irwin Rd, CR 96 (unmarked) Leaving NY 104A and Seaway Trail Note: marked about 100' further on at next intersection
21.6	3.2	L	52.5	W Lake Rd - Unmarked, across from Oswego County sign
23.4	1.8	L	54.3	Lake Shore Road
25.2	1.7	R		TRO Lakeshore Rd, not much choice here!
25.3	0.1	L	56.2	Co Route 89 -> Rudolph Street passing SUNY Oswego Campus
27.4	2.1	R	58.3	Centenial Dr., Just after Waterbury Hall, on left, and at Centro Bus Stop Shelter on right
27.7	0.3	L		@ T Washington Blvd., Note; Two stop signs within 100', to reach Washington
28.2	0.6	S		NY 104 East, W. Bridge St., Rejoining Seaway Trail
29.2	1.0		60.1	Cross Oswego River, Oswego, NY many stores restaurants etc.
29.8	0.6	BR		TRO NY 104 East
30.5	0.7	L	61.4	@TL, George St./ E 14th St., after railroad overpass, by "Ponderosa", Leaving Seaway Trail
30.9	0.4	R		@ SS, TL, E. Seneca St.
31.7	0.9	S	62.7	E Seneca -> North Rd, CR 1, Sunoco Mini Mart
31.7	0.0	СР	62.7	Sunoco Mini Mart, Corner CR 1/North Rd. and Middle Rd./Langs Beach Rd., Oswego, NY - receipt preferred, or official signature (09:58 - 13:44)

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From Control	Leg	Turn	Total	Directions
0.0	0.0	U		U-Turn and leave control on North Rd./CR1 headed toward Oswego -> E. Seneca
0.8	0.8	L		@ SS, TL, George St./ E 14th St
1.3	0.4	R		NY 104 W, -> East Bridge St. <i>Rejoining Seaway Trail</i>
2.6	1.3		65.2	Cross Oswego River, Oswego, NY -> W. Bridge St.
3.5	1.0	S	66.2	Washington Blvd. Leaving Seaway Trail and NY 104, (104 vears left)
3.9	0.3	R	66.5	Sheldon Ave.
4.1	0.3	L	66.8	Rudolph St./ CR 89
6.5	2.4	R	69.1	@T, SS Lakeshore Rd.
8.3	1.9	R	71.0	@T, SS, W. Lake Rd.
10.1	1.8	R	72.8	@T, SS CR E20 -> CR 96, Irwin Rd.
13.3	3.2	S	76.0	@T,SS NY 104A West, Rejoining Seway Trail
14.9	1.6	VR	77.6	Sterling Valley Rd. Leaving Seaway Trail
16.4	1.5	S	79.1	@T, SS, Center St.
16.9	0.5	R	79.6	@T, SS, NY 104A, <i>Rejoining Seaway Trail</i>
17.3	0.4	VR		TRO NY 104A/Seaway Trail
20.4	3.1		83.1	Fairhaven, NY, Stores
25.6	5.2	R	88.3	@SS, TRO NY 104A, Red Creek, NY
26.8	1.2	Х		NY 104, -> NY 370 CAUTION BUSY ROAD, CROSS WITH CARE!!!
27.5		VR/S	90.2	Ridge Rd./ CR 163, leaving NY 370
29.7	2.2	Χ	92.4	NY 104 CAUTION BUSY Rd. WAIT FOR THE LIGHT!!! -> Oswego St> Mill St.
31.3	1.6	R	94.0	TRO Seaway Trail, E. Main St, Wolcott, NY
31.5	0.1	СР	94.1	Wolcott, NY - any store or business/ATM. Control to control mileage zeroed at Fountain(traffic signal), corner New Hartford St. Note: Red Apple/Kwik Fill on right @ 94.3 miles (11:26 - 17:04)
0.0	0.0		94.1	Continue West on W. Main St -> Ridge Rd/ CR 143
5.8	5.8			Crossing Sodus Bay, NY
6.8	1.0	R		Shaker Tract Rd., <i>Leaving Seway Trail</i>
8.1	1.4	L		TRO Shaker Tract Rd> Red Mill Rd.
9.8	1.7	R		@SS NY 14
12.5	2.7	L	106.6	@SS Lake Rd. Note: Stores to right about 0.5 mile
23.0	10.5	VR	117.2	TRO Lake Rd., Seaway Trail Pultneyville, NY, store/restaurant
30.3	7.3	R		Paved driveway, 1119 Lake Rd, signposted Shoreline Blvd
30.8	0.5	R	124.9	Stone driveway, 1119 Lake Rd
30.9	0.2	СР	125.1	Finish, 1119 Lake Road, Congratulations!!! (12:53 - 20:30)

Abandon, please call Pete Dusel at (315) 524-8519

Overall map:

http://www.gmap-pedometer.com/?r=5625716